



The Colony Parks & Recreation Department

Winter Youth Basketball

Coaches Meeting

PLAYTCSPORTS

Athletic Department Information

Kacy George – Athletics Supervisor

972-624-3950
kgeorge@thecolonytx.gov

All Youth and Adult Leagues, All Athletic Field
Reservations

Emery Owczar – Athletics Specialist

972-624-3957
eowczar@thecolonytx.gov

Youth Basketball, Youth Flag Football, Adult Kickball,
Athletic Field Reservations (long term practice,
games, events)

Krissie Pettit – Recreation Specialist

972-625-1106
kpettit@thecolonytx.gov

Youth Volleyball, Adult Volleyball, Adult Basketball,
Athletic Field Reservations (short term)

Athletics Department Email:
playtcsports@thecolonytx.gov

Athletics Department Website:
playtcsports.com

Best way to contact us?

The Colony Athletics Department's main form of communication is via email. ALL information regarding the season and your team will go through email.

The athletics staff do not have a set schedule of Monday-Friday since we will be out at games throughout the week and weekend. The email below goes to all of the Athletics staff.

Any emails sent over the weekend (Friday after 5pm-Monday before 7am) will not be answered until business hours Monday morning

Playtcsports@thecolonytx.gov



Coaching Information

Requirements to Coach / Coaches Training

Head Coaches Only
Head & Assistant Coaches

What is NAYS?

- The Colony requires all new head coaches to complete annual membership training through the National Alliance for Youth Sports (NAYS)
 - Covers sport specific training and concussion training
- **If you are a returning coach, you will not have to get recertified**



Head Coaches	Assistant Coaches
Passed Background Check (Good for 3 Years)	Passed Background Check (Good for 3 Years)
Coaches Code of Conduct	Coaches Code of Conduct
Volunteer Arrest Waiver	Volunteer Arrest Waiver
NAYS Training	

Team Requirements

Head Coaches Only
Head & Assistant Coaches

- **Background Checks**
 - ALL coaches must have passed a background check through the City of The Colony
 - ONLY background checked coaches can be on the sideline
- **Coaches Code of Conduct**
 - ALL coaches must sign this
 - You will not be permitted to coach until signed
- **Assistant Coaches**
 - ALL teams must have at least one assistant coach. If there is not an approved assistant coach that can step in if the coach can not make it / coach is ejected, the game will be deemed a forfeit
 - Approved assistant coach = Passed background check
 - It takes 3-5 business days for HR to clear a background check; please get background checks submitted at the start of the business week and not the Friday before game day

Highlighted Consistent Incidents:

- Absolutely no cussing. No warning you will be asked to leave the facility.
- Speaking to the other team, coaches, spectators. If it is not positive, there's no need for it.
- Speaking to referees. They are being professional so return the favor. If you can't speak to them calmly don't speak to them at all. This is what we contract them for and they are more than happy to explain a call or foul. If there are any bigger issues COME GET US. Do not take matters into your own hands.
- If you don't let us know in the moment, we can't help you after the fact

The Colony Parks and Recreation Athletics Coaches Code of Conduct



The Colony Parks and Recreation Athletics Department is committed to providing a positive sports participation opportunity to every child that registers for one of our programs. We have established a Coaches Code of Conduct Policy outlining how coaches should conduct themselves during the season.

Coach Code of Conduct

Coaches Are Expected To:

- Respect the officials and their authority during games.
- Inform PARD Staff of any issues that arise at practices or games so they can be dealt with immediately and accordingly
- Remember that you are a youth coach, and that the game is for children and not adults.
- Lead by example and always demonstrate good sportsmanship before, during, and after games.
- Attend all practices and games unless a prior arrangement has been made with another approved coach (inform Athletics Supervisor of all team coaches names right away).
- Complete the full NAYS training provided by the department. (Failure to do so will result in scheduled games being forfeited until training is completed)
- Provide fair or equal amount of playing time when coaching.
- Assure that gyms/fields are left clean and tidy after each practice and game. If not, the league could lose the privilege of using the facilities.
- Stay within the time limits of your practice. Other teams have to practice and going over your practice time is taking away the opportunity for other teams.
- Be responsible in monitoring and addressing parent's and other spectator's actions on the sidelines when necessary. Coaches are responsible for the behavior of ALL representatives of their team!
- Never yell at or be disrespectful of the officiating staff. The coach's behavior sets the example for everyone at the games. Excessively loud coaches will NOT be tolerated.
- Communicate with the parents on your team and inform them of all team rules, practices and games.
- Understand that any coach who does not follow these expectations or participate in the recreational spirit of this league may be removed as a coach or not invited back to coach in the future. The youth sport experience should be FUN for everyone involved!
- Failure to sign this conduct policy will result in scheduled games being forfeited until signed.

Suspension Guidelines

- The Colony does **NOT** tolerate any unsportsmanlike conduct from coaches, spectators, or players.
 - **PLEASE** make us aware of any situations/issues that may arise immediately so those can be handled appropriately
 - Two unsportsmanlike technicals will result in an immediate ejection from the game.
 - All suspension and ejections are subject to be increased due to the severity of the situation.
- Suspensions
 - If a coach, spectator, or player is ejected from a game they will receive a one game suspension. That suspension will be enforced at the next game.
 - If a coach, spectator, or player is ejected from a game for a second time in one season, they will not be permitted to return the remainder of the season; coaches will lose coaching privileges up to a year, depending on severity.

Spectator Guidelines

- **As the coach you are ultimately responsible for any actions of your parents.**
 - All spectators must stay on the spectator sideline during the game.
 - Spectators must sit across from their benches on the opposite side of the court
 - Unsportsmanlike conduct from parents will not be tolerated. Depending on the severity of the conduct we will ask the individual to leave the complex. Play will not resume until they leave.
- **Ejection/Consequences**
 - If a parent is ejected from a game they will not be able to attend the next game. Once allowed back if they get ejected for a second time they will not be able to attend any games for the remainder of the season.
- **The aforementioned suspensions will be the minimum penalty enforced and may be increased in each situation due to the severity of actions.**

Coaches Badges

- All coaches need to have their coaches badge visibly shown during games
- Any coaches who do not have a coaches badge will not be permitted to enter the team bench at any time
- We provide coaches badges as a way for staff to recognize who is cleared to coach as well as so the parents know you have been cleared to coach their child
- It is the coaches responsibility to keep up with their coaches badge
- If you lose your coaches badge please make sure to let staff know either before game day or 30 minutes prior to gametime to receive a TEMP badge; failure to do so will result in not being permitted to be on the team bench
- Coaches are not permitted to share coaches badges with other coaches/parents on the sideline



Head Coach Reimbursement

Head coaches are eligible to receive a **50%** registration reimbursement.

How do I qualify?

- Attend the Coaches Meeting (If you cannot attend the coaches meeting, attend one of the parent meetings)
- Paperwork Completed
 - Background Check
 - Coaches Code of Conduct
 - Volunteer Arrest Waiver
- NAYS Training Completed by Deadline **(11/14/2025)**
- Completed the full season without any disciplinary issues/concerns **(If you are ejected during the season you will not receive the reimbursement)**

* These reimbursements will be processed after the season has been completed.

Coaches Portal

- You can view the coaches portal on the www.playtcsports.com website!
- What's in the coaches portal?
 - Links to all of the coaching paperwork required.
 - Links to the rules, coaches meeting presentation and season surveys.
 - Links to drills and practice plans.



Practice Information

Practice Information

- **How many practices?**
 - Teams will get the opportunity to practice two times a week
- **When can practices start?**
 - Teams can start practicing the week of **10/27/2025**

6U COED - (2) 45 Min. Practices

8U Boys - (2) 45 Min. Practices

8U Girls - (2) 45 Min. Practices

10U Boys - (2) 1 Hr. Practices

10U Girls - (2) 1 Hr. Practices

12U Boys - (2) 1 Hr. Practices

12U Girls - (2) 1 Hr. Practices

Ethridge Elementary

6001 Ethridge Dr, The Colony, TX 75056

Griffin Middle School

5105 N Colony Blvd, The Colony, TX 75056

Camey Elementary

4949 Arbor Glen Rd, The Colony, TX 75056

The Colony Recreation Center

5151 N Colony Blvd, The Colony, TX 75056

Practices Continued

- **Practice Etiquette**

- Please make sure you are sticking to your scheduled time and your scheduled location
- It is your responsibility as a coach to not go over your time and interfere with practices after yours
- If it is not your team's practice day/time you are NOT permitted to be using the courts
- Any extra practices your team requests will have to go through our rental process (not guaranteed & not free)
- The only practice reschedules permitted are holiday closures
- No drugs/Alcohol at practice locations
- All music out there must remain PG-13

At practices and games, athletes and spectators are only allowed in the gym and restroom areas. Access to other parts of the school is strictly prohibited. If we receive any reports of individuals roaming the building, the team will lose its practice time and location.

Practices Cont.

- **Selecting Practice Times**

- Please give us your top three days & times
- We will be creating the practice schedules from this information
- Younger divisions should be picking the earlier times and the older divisions should choose more of the later times.

- *Ethridge School Practices*

- *You will need to lower or raise the goals for your practices.*

We will be picking practice times for each team. On your sheet in your packet please list 3 practice Days/Times/Locations you are wanting for your practice(s)

Practice Times

Ethridge Elementary

Full Court

Monday	6:00pm-7:00pm
	7:00pm-8:00pm
	8:00pm-9:00pm
Tuesday	6:00pm-7:00pm
	7:00pm-8:00pm
	8:00pm-9:00pm
Wednesday	6:00pm-7:00pm
	7:00pm-8:00pm
	8:00pm-9:00pm
Thursday	6:00pm-7:00pm
	7:00pm-8:00pm
	8:00pm-9:00pm

Camey Elementary

Left Side

Right Side

Monday	6:00pm-6:45pm	6:00pm-6:45pm
	6:45pm-7:30pm	6:45pm-7:30pm
	7:30pm-8:15pm	7:30pm-8:15pm
Tuesday	6:00pm-6:45pm	6:00pm-6:45pm
	6:45pm-7:30pm	6:45pm-7:30pm
	7:30pm-8:15pm	7:30pm-8:15pm
Wednesday	6:00pm-6:45pm	6:00pm-6:45pm
	6:45pm-7:30pm	6:45pm-7:30pm
	7:30pm-8:15pm	7:30pm-8:15pm
Thursday	6:00pm-6:45pm	6:00pm-6:45pm
	6:45pm-7:30pm	6:45pm-7:30pm
	7:30pm-8:15pm	7:30pm-8:15pm

Practice Times Cont.

Griffin Middle School		
	Left Side	Right Side
Tuesday	6:00pm-7:00pm	6:00pm-7:00pm
	7:00pm-8:00pm	7:00pm-8:00pm
	8:00pm-9:00pm	8:00pm-9:00pm
Wednesday	6:00pm-7:00pm	6:00pm-7:00pm
	7:00pm-8:00pm	7:00pm-8:00pm
	8:00pm-9:00pm	8:00pm-9:00pm

Practices Cont.

- Week of 10/27 - Practices begin
- 11/4 - No practices at Schools - School Holiday
- 11/24-11/26 - Special Holiday Practice Schedule
- 11/27 & 11/28 - No practices - Thanksgiving Holidays
- 12/15-12/20 - Special Holiday Practice Schedule
- 12/22-12/27 - Special Holiday Practice Schedule
- 12/24 & 12/25 - No Practices - Christmas Holidays
- 12/29-1/2- Special Holiday Practice Schedule
- 1/1 - No Practices - New Years Day
- 1/19 - No Practices - MLK JR Day

*Note: Some days throughout the season we will not have access to some schools.
This information will be passed along to coaches to select makeup times.

Practice Times Cont.

Griffin Middle School

	Left Side	Right Side
Tuesday	6:00pm-6:45pm	6:00pm-6:45pm
	6:45pm-7:30pm	6:45pm-7:30pm
	7:30pm-8:15pm	7:30pm-8:15pm
Wednesday	6:00pm-6:45pm	6:00pm-6:45pm
	6:45pm-7:30pm	6:45pm-7:30pm
	7:30pm-8:15pm	7:30pm-8:15pm

The Colony Recreation Center

	Left Side	Right Side
Monday	Not Available	6:00pm-7:00pm
		7:00pm-8:00pm
	8:00pm-9:00pm	8:00pm-9:00pm
Tuesday	6:00pm-7:00pm	6:00pm-7:00pm
	7:00pm-8:00pm	7:00pm-8:00pm
	8:00pm-9:00pm	8:00pm-9:00pm
Wednesday	6:00pm-7:00pm	Not Available
	7:00pm-8:00pm	
	8:00pm-9:00pm	
Thursday	6:00pm-7:00pm	6:00pm-7:00pm
	7:00pm-8:00pm	7:00pm-8:00pm
	8:00pm-9:00pm	8:00pm-9:00pm
Friday	6:00pm-7:00pm	Not Available
	7:00pm-8:00pm	
	8:00pm-9:00pm	



Rosters

Rosters

Rosters:

- Rosters will be sent out via email by 10/23 (potentially earlier)
- Once you receive your roster, reach out to the team immediately
- Please call/text/email first before using alternative forms such as group me, team snap, etc.
- If you have trouble getting in contact with a player or they have not shown up to practices, please reach out to us ASAP so we can verify if we have an alternative form of contact information on file

Team Formation

Playing up requirements:

For any child playing up, they have to follow the below requirements:

- Directly requested by the coach
- The parent is the coach
- They turn the required age during the season (ex: they are 10 and turn 11 the 2nd week of the season, they can play in 12U)

All players requesting to play up must go through the athletic staff directly

Team Formation

- Player Request
(Returning Coaches)
- Friend Request
- Coach request
- School
- Age
- Seasons Played

Age Verification

- All athletes registered for the season must provide proof of age for age verification.
- If we do not receive proof of age, the individual will not be able to play.
- What type of document do we accept:
 - Birth Certificate
 - Passport
- How does someone submit their document?
 - Email it to playtcsports@thecolonytx.gov
 - Take it to the Recreation Center for staff to make a copy
- When is the deadline?
 - 11/14/2025
- Roster Notations
 - We have noted on your rosters of who we still need age verification from. If it does not have a note in the birthdate verification, that means we have not received anything.

Any athlete who has submitted their age verification in prior seasons do not have to resubmit



Jerseys

Jerseys

Home

Away



Home

Away



Home		Away	
Jaguars	19	Ravens	36

When referencing the schedule, the team on the left will be the home team for that game and the team on the right will be the away team

(reference screen grab above)

- We will **NOT** have extra jerseys at games so please make sure to reiterate to your parents to have their kids bring their jerseys.

If they do not have their jersey, they cannot play!

- Please make sure your players are **ONLY** using the jersey provided for this season. This ensures your team will not have any duplicate numbers which causes issues with scorekeeping and managing the game!

It is NOT a guarantee that every team will receive the new jerseys

Jersey Distribution

Jerseys are prepared for coach pick up at The Colony Recreation Center (5151 N Colony Blvd, The Colony, TX 75056)

It is the job of the HEAD COACH to pick-up jerseys

- Anyone else coming to retrieve the jerseys will have to be approved by the athletics staff prior to their arrival

Wrong jersey size and/or lost jersey:

- Replacement Jersey : \$10.00
- Parents will need to email playtcsports@thecolonytx.gov

We do not bring extra jerseys to games. If you need a replacement jersey, communication must be made prior to game day.

Winter Youth Basketball Jersey Sign Out Sheet						
Division	Team Name	# of Jerseys	Coach Signature	Employee Signature	Date	Time
6U						
8U						
10U						
12U						
			Rec Leaders - In order for coaches to receive their jerseys they MUST count the jerseys in the bag in front of you and sign the check-out sheet Please ask for age division, coaches last name, & team name			

Jersey Distribution Cont.



Jersey Size

When passing out your team's jerseys, please reference the right side of the roster labeled *Jersey #*.

We select jerseys specific to each child's jersey size/jersey #

When looking at your roster, we will also note if we are still needing a specific child's birth date verification

The Colony Youth Basketball Summer 2025 Team Roster

Age Division: 8U

Team Name: _____

Head Coach Information	
Name	
Phone	
Email	



Assistant Coach Information	
Name	
Phone	
Email	

	Player Name		Phone Number	Email Address	Jersey Size	Age on 9.1.24	Age on 6.14.25	Birthdate Verification
1	Michael	Scott			AS			Yes
2	Leslie	Knobe			YL			Yes
3	Ron	Swanson			YL			NEED
4	Jim	Halpert			YL			Yes
5	April	Ludgate			YM			NEED
6	Toby	Flenderson			AM			Yes
7	Angela	Martin			YM			Yes
8								
9								
10								

jersey #

#0
#1
#2
#3
#4
#5
#11

Practice Information:	
Day:	
Time:	
Location:	



noted on the roster if we still need birthdate verification (Birth certificate or passport)

jersey # specific to each child & the size they registered with



Game Information

Division Breakdown

The Colony Divisions

6U Coed - 6-7 Teams

8U Girls - 2 Teams

8U Boys - 4 Teams

10U Girls - 3 Teams

10U Boys - 6-7 Teams

12U Girls - 2 Teams

12U Boys - 3 Teams

Carrollton Divisions (Girls Only)

8U Girls - 3 Teams

10U Girls - 2 Teams

12U Girls - 2 Teams

Season Information

When is the first weekend of games:

- 11/15/2025

Where do we play:

- Strike Middle School
- Rosemeade Recreation Center (Girls ONLY)
- Crosby Recreation Center (Girls ONLY)

How many games for the season?

- Guaranteed 6 games

Who makes the playoffs?

- Top 4 teams in each division make the playoffs

Game Schedule?

- Game schedule will be released by 10/31/2025
- If you have any weekends/times you will not be available, please send over by 10/24/2025. We will try our best to accommodate requests, but cannot guarantee

Will there be double-headers?

- All divisions might have double-headers depending on requests and number of teams

Forfeits

In the case of a forfeit (less than 4 players at gametime) - teams are not permitted to loan players to another team

If there is a forfeit, all players for that game must leave the court. If the non-forfeiting team has a *double-header*, they are permitted to start warming up for their 2nd game

Game Dates

- 11/15 - First day of Games
- 11/22 - Games
- 11/29 - No Games
- 12/6 - Games
- 12/13 - Games
- 12/20 - No Games
- 12/27 - No Games
- 1/3 - No Games
- 1/10 - Games
- 1/17 - Games
- 1/24 - Games
- 1/31 - Games
- 2/7 - Last day of games

*Note: There might be weekends that teams have byes or double headers.

Highlighted Rules

- **Coaching on Sideline**

- Coaches must stay in their team bench area at all times. (Only exception is during time outs) ***Coaches will receive 1 warning. After the first warning, coaches will receive technicals (Please reference the suspension guidelines for coach technicals & consequences)***
- Team bench area consists of about five feet away from the score table and to the end line.
- Please do not get in the way of the scorekeeper!
- Coaches may not stand on the court in any capacity when play is happening.
- Only two cleared coaches may be on the sideline at any time.
- Only one coach can be standing during play. The other must be sitting.
- Please stay in your team bench area.

- **Players on Sideline**

- Any players that are on the bench need to be seated.
- Please make sure your players are not bouncing basketballs or messing around on the bench.

- **Only approved coaches and players are allowed on the sideline.**

- **Siblings, friends, players, & coaches from other teams, parents, etc are not allowed on the team bench**

Highlighted Rules

- **Time Outs**

- Each team gets 4 time outs per game.
- When calling a time out, you need to get one of the referee's attention. The Scorekeeper or athletics staff cannot stop the game.
- The scorekeeper will **NOT** stop the clock until the referee has blown their whistle and acknowledged the timeout.

- **Substitutions**

- Players can only be subbed in during a dead ball situation.
- When subbing in the player needs to come and kneel next to the score table to notify they are wanting to be subbed in.
- Players are not allowed to enter the court until they are waved on by an official or scorekeeper.

Game Day Information

Game Scoresheet

- Coaches are required to fill out the score sheets prior to gametime. Please list all kids that will be attending the game. Write the first name and last initial

Starting Five

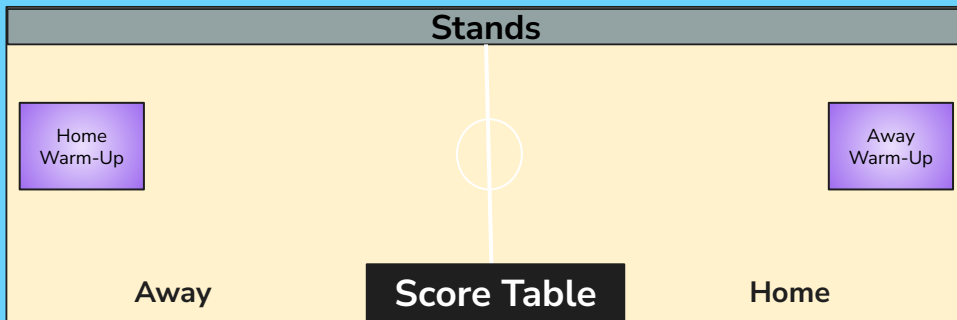
- Prior to the first and second quarter, the starting 5 players will need to check in at the scoretable

Warm-ups

- Teams will warm up on the basket opposite of their bench

Team Bench

- Teams should sit on the bench that correlates with *Home* or *Away* on the scoreboard



Playing Requirements

- **Playing Requirements**

- The coach is responsible to designate 5 starters (4 for 6U) for each game and to note these starters on the scoresheet. These five starters **MUST** play the entire first quarter. No substitutions are allowed (Exception: a player may be taken out due to an injury but must return to the game as soon as they are able to)
- All remaining players are automatic starters for the second quarter, and **MUST** play the entire second quarter without substitution (See exception above).
- If there are fewer than five remaining players to start the second quarter, only those players who played the **ENTIRE** first quarter are eligible for substitution.

Playing Requirements Continued

- 1
 - 2
 - 3
 - 4
 - 5
 - 6
 - 7
 - 8
 - 9
 - 10
- 1st Quarter Starters
(Must play the entire 1st quarter)
- 1
 - 2
 - 3
 - 4
 - 5
- 2nd Quarter Starters
(Must play the entire 2nd quarter)
- 6
 - 7
 - 8
 - 9
 - 10

- 1st Quarter Starters
(Must play the entire 1st quarter)
- 1
 - 2
 - 3
 - 4
 - 5
- 2nd Quarter Starters
- 6
 - 7
 - 8
 - 1
 - 2
- Must play the entire 2nd quarter
- Can sub out

The 3rd and 4th quarter you are able to sub freely. There are no restrictions!

Extra Information

Equipment

- Equipment: Teams are required to provide their own basketball/cones for practice. It is not mandatory but The Colony Parks and Recreation department does not provide equipment

Awards & Sportsmanship

- Awards
 - The first and second place teams in each division will receive medals
 - The 6U division will all receive medals
- Sportsmanship Initiative
 - It is the responsibility of the head coach to nominate two players for exemplifying good sportsmanship. You will nominate one for the first half of the season and then for the second half of the season
 - Nomination Deadlines:
 - 1st Nomination: 12/7/2025
 - 2nd Nomination: 1/18/2026

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Thank you!

Contact our team:

playtcsports@thecolonytx.gov